



We can help!

You can take advantage of this **free** program.

As a participant, you will be partnered with a community health worker who will support and connect you to local resources to improve your quality of life.

For more information, contact us at:

 937.424.2372  daytonhub@gdaha.org



What is the Pathways HUB?



The Pathways HUB is a free program to help connect people to medical and social services they and their loved ones need most. Every Pathways HUB participant partners with a community health worker to empower them to make decisions regarding their health and well-being. A community health worker connects them to resources and services to manage risks one by one, allowing the participant to take charge and achieve a healthier life.

Community Health Workers

The Pathways HUB's community health workers understand that sometimes it can be hard to make the right choices about your health. They can help you find services in the community and explain how to use them. When you sign up, you will meet with a community health worker to identify the areas where you need support. Each risk is translated into a pathway to help you find food, housing, medical care, and other social services starting where you need help the most.

WANT TO LEARN MORE?

Contact the Dayton Regional Pathways HUB

 937.424.2372
 daytonhub@gdaha.org



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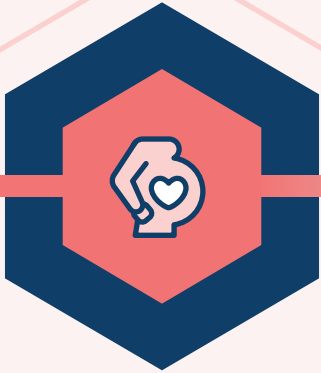


Dayton Regional Pathways HUB

Are you Pregnant?

Let us help connect you to the things you need for a healthy baby.





Your health and the health of your baby are important.

Dayton Regional Pathways HUB is a free program that can help you have a healthy pregnancy and delivery.

We can help you connect to community services and resources.

Do you need...

- Diapers or a crib?
- A ride to your doctor's appointment?
- Help with your other children?
- A doctor's care?
- Health insurance?



We can help!



Your pathway to wellness.

- 1 Enroll**
Call the Pathways HUB at 937.424.2372 or email us at daytonhub@gdaha.org to get started.
- 2 Assess**
You will be partnered with a community health worker to identify the areas you need help with the most.
- 3 Plan**
Together, you will create a plan specific to you and your family's needs, creating pathways to health coverage, food, housing, transportation, and more.
- 4 Meet**
You and your community health worker meet at least once a month and continue to address your priorities, one step at a time.
- 5 Get access to:**



Did you know...

When babies are born too soon or too small, they are more likely to have health problems. When a baby dies before its first birthday, this is called "infant mortality".

If a woman is healthy and gets the care she needs when she is pregnant, she can help prevent serious problems for her baby.

Dayton Regional Pathways HUB wants to help babies reach their first birthday and have many more!

